Parents:

If your son/daughter will be participating in Athletics, Marching Band, Cheerleading, Drill Team, ROTC, or CISD Club Sponsored Athletic Teams, they are required to turn in a completed physical annually. The form must be turned into the Athletic Training Room at your student's high school or turned into their junior high coach.

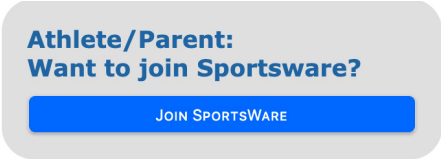
All students participating in the above listed activities will also need to complete the required forms online. To expedite this process, CISD will use an online data entry program called SportsWare. All data must be entered by the student's parent.

To complete the online paperwork, please follow the steps below.

JOINING SPORTSWARE ONLINE:

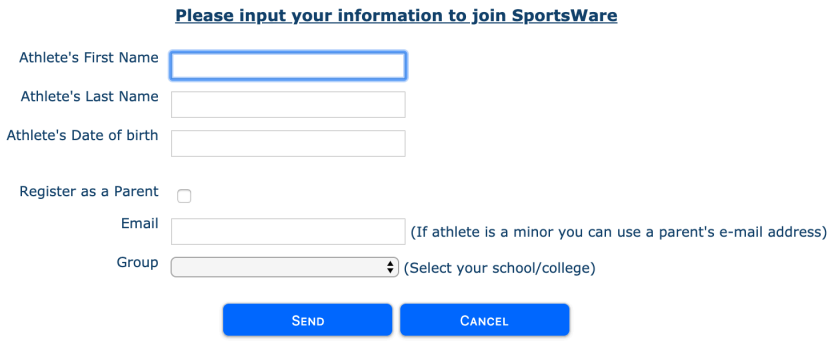
- Go to **www.swol123.net**

- Scroll to the middle of the screen and click the **Join SportsWare** button located on the right side.

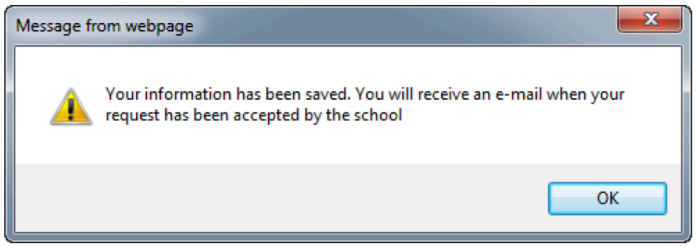


- Enter the School ID: **Conroe ISD**
  This ID is required to join the correct school district.

- Enter student's full name
  Enter student's date of birth
  Click on **Register as Parent**
  Enter parent's email
  Select student's group *(School Name)*
  Click **Send**



- Your information has been saved.
  After your Athletic Trainer accepts your request to join Sportsware, you will receive an e-mail to set up your password.



Once we accept your request, you will receive an email with the subject "SportsWare request accepted".

If you do not see an acceptance email please check your spam/junk folder. Open the email and click the www.swol123.net link to continue. The acceptance email link expires 24 hours after Athletic Trainer accepts athlete into Sportsware.

SETTING YOUR PASSWORD:

- You will receive an e-mail with the Subject *SportsWareOnLine Password Request*.

  Open the e-mail and click on the link with the name of your student you are setting up. Enter your e-mail address, new password, and click the **Save button**.

If you have multiple students in CISD, you will need to create a login for each student. You can use the same email for each student, but will need a different password.

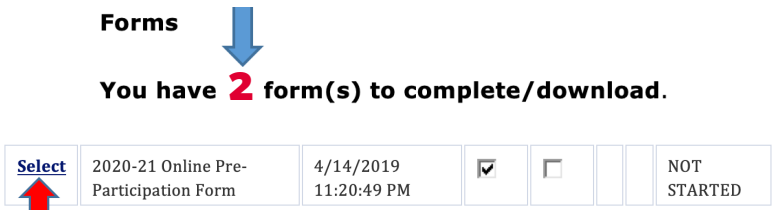
UPDATING YOUR INFORMATION:

- Enter your email address and password, then click the **Login** button.

- **Select My Info**:
  Complete the **General** section *(top left)* and the **Sports/Group** section *(bottom right)*.

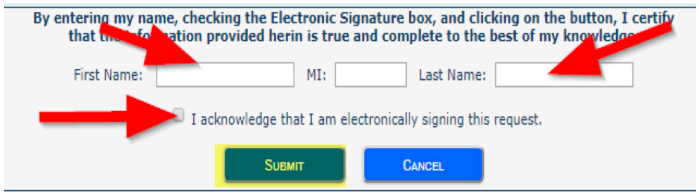
- Once done with My Info click **Save**.
  Go to **Forms**. Click on the number "**2**".
  On the next screen click **Select**, then **Open**.

  All blanks on the forms must be filled or you will not be able to save and submit the form.



- Once you have completed the form, click **Save & Submit** *(top right corner)*.

- After clicking **Save & Submit**, place your first name and last name in the box, check the box to verify that you electronically signed the form, and click submit.



Thank you for your prompt help. If you have any questions, please contact:

Caney Creek High School	**Conroe High School**	**College Park High School**
936-709-2217	936-709-5829	936-709-3160
Grand Oaks High School	**Oak Ridge High School**	**The Woodlands High School**
281-939-0063	832-592-5438	936-709-1068